CITY GUIDE

ST. J@HN'S

StJohns.ca

City Council





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City Guide

Information about the programs and services at the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

If you do not wish to receive unaddressed mail including the City Guide, put a note on or in your mailbox stating you do not wish to receive Canada Post Neighbourhood Mail™.

If you continue to receive unaddressed advertising after you have placed the note on your mailbox, submit a service ticket at CanadaPost.ca or call Canada Post Customer Service at 1-866-607-6301.

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City Guide c/o Marketing and Communications P.O. Box 908 St. John's, NL A1C 5M2

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Special Events

Deck the Great Hall Holiday Market December 8, 2024, noon to 4 p.m.

City Hall, Foran Greene Room and Wyatt Hall

Explore a wide variety of local artisans and vendors, enjoy live performances, sip free hot chocolate, and explore our beautifully decorated outdoor courtyard. This free event welcomes all ages, so bring the whole family to experience the joy of the holidays!



New Year's Eve

Celebrate the New Year with a full day of free, family-friendly activities for all ages on **December 31**. Fireworks are weather dependent. Visit **StJohns.ca** for updates.

Inclement weather date for fireworks is January 1.

Events include:

| 9-10:50 a.m. | Gym & Swim at Paul Reynolds Community Centre |
|--------------|---|
| 5-7 p.m. | Grab your skates and helmet and enjoy a skating party at The Loop, Bannerman Park |
| 7-8 p.m. | Join the celebration and countdown to the fireworks at Quidi Vidi Lake, Carnell Drive |
| 8 p.m. | View the fireworks over Quidi Vidi Lake |

ChillFest

We've planned five days of action-packed free winter events for a variety of ages and interests from **February 13 to 17, 2025**. Come out and join in the fun!

ChillFest 2025 will include our annual Kitchen Party, MegaPlay, Youth Talent Show, free ski and snowshoe rentals, outdoor skating parties at The Loop and more. Visit **StJohns.ca** for details.



Ø Bowring Park

Saturday, December 7, 2024 Starting at 5 p.m.

Bowring Park Duck Pond (inclement weather date is Saturday, December 14).

Ring in the holiday season with our annual celebration of bright lights, festive music and free hot chocolate!

Enjoy performances by musical entertainers as we officially switch on the beautiful light display. Bring along a non-perishable food item to donate to the food bank. This event is free.

The Holiday Light display at Bowring Park will continue until Tuesday, January 7, 2025.

Area 1A to 5A, 2025

Curbside Collection

Visit **CurbitStJohns.ca** or call 311 or 709-754-CITY (2489) to find your area.

- Waste must be put at the curb between 6 and 8 a.m. on your collection day only, never the evening before collection day as it interferes with snow clearing, street cleaning and increases litter.
- Garbage carts and recycling bags must be properly placed, and never on the sidewalk or in a snowbank.
- Outside of automated garbage areas, garbage bags must be completely covered from April to November.
- Yard waste must be in paper yard waste bags and put at the curb on your recycling days from May to November.
- Cancelled collections take place the next day along with that days regularly scheduled collection.

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| Area | Regular Garbage Day | Garbage & Recycling | Garbage, Yard Waste & Recycling |
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| 2A | Tuesday | | |
| 3A | Wednesday | | |
| 4A | Thursday | | |
| 5A | Friday | | |
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Curbside Collection

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- Outside of automated garbage areas, garbage bags must be completely covered from April to November.
- Yard waste must be in paper yard waste bags and put at the curb on your recycling days from May to November.

February

• Cancelled collections take place the next day along with that days regularly scheduled collection.

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| Area | Regular Garbage Day | Garbage & Recycling | Garbage, Yard Waste & Recycling |
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| 1B | Monday | | |
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Reduce, Reuse and Recycle Holiday Waste



When preparing for the holidays by purchasing or bringing new items into your home, think of how you will dispose of it in the end. Oftentimes there are options that are better choices to reduce waste. Learn more tips at **CurbitStJohns.ca**.

Use Real Trees

Artificial trees are not recyclable and eventually end up in the landfill, while real trees are completely compostable. Real trees are usually grown closer to home and use less resources to produce than artificial ones.

Make Memories, Not Waste

Give the gift of an experience: buy your loved ones tickets to a show, the movies, a museum, an activity centre or game. You can also gift homemade items – knit a scarf or pair of mittens, make preserves, bake cookies or treats and package them in a reusable container.

Green Your Party

When hosting others use reusable plates, cups and cutlery and if purchasing food, snacks and drinks choose ones that are in recyclable packaging. If you're not sure if something is recyclable our Waste Wizard will know at **CurbitStJohns.ca.**



Christmas Tree Drop Off

Give your real tree new life. We mulch Christmas trees and use them for landscaping projects in City open spaces. Only natural, undecorated trees are acceptable – artificial trees, decorations, tinsel or other manufactured objects are not accepted and please do not bundle or tie the tree.

Quidi Vidi Lake Parking Lot

Large gravel lot off The Boulevard Friday, Dec 27, 2024 – Sunday, Jan 12, 2025 (excluding Dec 31 and Jan 1)

Residential Drop Off

340 East White Hills Road Open Tuesdays to Saturdays, 8 a.m. to 4 p.m. (excluding statutory holidays)

Snow Clearing



Service Priority

Many factors impact snow clearing operations. Drifting, rain, or a sudden temperature drop could delay our snow clearing timelines. While the City uses its best efforts to clear snow on time, our harsh climate can impact snow clearing.

Street Ice Control

One application of ice control will be completed on streets within three hours of ice conditions.

Street Plowing

- For snowfalls of up to 25 centimeters, streets will be cleared within 24 hours following the storm.
- For snowfalls exceeding 25 centimeters, blizzard conditions, or rapidly changing weather, additional time may be required for clearing.
- Timelines may be extended if there is additional snowfall or icing during this period. Crews will work until all streets and designated sidewalks are cleared.

Street Snow Clearing Priority

Streets are salted and plowed on a priority basis.

Priority 1 = major and minor arterials Priority 2 = collector streets Priority 3 = minor streets and cul-de-sacs Priority 4 = private lanes maintained by the City

Visit **StJohns.ca/ServicePriority** to look up the priority of your street.

Snow Plowing, Sidewalks

Depending on the amount of snow on the ground, most streets in the sidewalk program will be plowed within five days following the end of the storm. The time to complete this will increase if a new storm occurs during this time frame. View the sidewalk map at: **Map.StJohns.ca/Sidewalk**.

Sidewalk Priority

The City clears and salts sidewalks on at least one side of many arterial and collector streets. School zones, however, are given top priority for sidewalk clearing operations.

Priority 1A = school zones

Priority 1 = first side of arterial roads and downtown business district (main pedestrian corridors)

Priority 2 = second side of multi-lane arterial roads and downtown business district, and first side of collectors

Priority 3 = second side of remaining arterial roads (with both sides serviced)

Priority 4 = second side of collector streets (with both sides serviced) and any remaining sections of the sidewalk program



Winter Parking



To safely and effectively clear snow from streets, the City of St. John's prohibits parking on streets by area, time of day, and/or dependent on operational requirements through the following bans.



Any vehicle that violates the winter bans regardless of the conditions, or impedes snow clearing/removal operations, may be ticketed and/or towed.

Overnight Parking Bans

Overnight parking bans for 2025 are in place from **January 3 to April 12**.

The Deputy City Manager of Public Works has the authority to modify the parking ban dates if deemed necessary. All bans will remain in place regardless of street or snow conditions. A vehicle may be ticketed and/or towed if they are parked in violation of the parking ban.

Overnight parking bans are in the following areas:

Downtown Business District

A parking ban is in place between 4 to 6 a.m. on the following streets in the downtown business district:

- Water Street, from Waldegrave Street to Prescott Street
- Duckworth Street, from New Gower Street to Cochrane Street

Outside the Downtown

A parking ban is in place between 12:30 and 7:30 a.m. on streets outside the designated downtown area.

Weather-Related Parking Ban

A parking ban may be implemented on roads outside the downtown area during or following adverse weather events. The purpose of the ban is to keep roads free of parked vehicles so that crews can quickly and safely clear snow or debris.

Once declared, the ban will be in place 24 hours a day until it is lifted.

Details of the ban will be shared through the news section of the website and on the City's social media accounts. Residents can also subscribe to receive emails stating when the parking ban will come into effect, and when it will be lifted, at **StJohns.ca/Subscribe**.

No Parking Routes

From **December 1 to March 31**, parking is prohibited 24 hours a day, regardless of snow/ street conditions, on several streets throughout the city so that ice control and snow clearing equipment can safely provide service and navigate narrow city streets. All impacted streets have signage in place.

Enforcement is continuous for 24 hours a day regardless of snow or street conditions.



For more detailed information, visit **StJohns.ca/WinterParking** or scan the QR code.

Downtown Snow Removal



Throughout the winter, parking will be banned from **11 p.m. to 6 a.m.** on the streets that are scheduled for snow removal. Violating winter parking bans may result in a ticket being issued, and/or the vehicle being towed.

We announce streets that are scheduled for overnight snow removal by 3 p.m. on the day the removal will take place.

Stay Informed

- Visit Map.StJohns.ca/Snow to learn about schedules.
- Subscribe to receive downtown snow removal advisories by email at **StJohns.ca/Subscribe**.
- Call Access St. Johns at 311 or 709-754-CITY (2489).
- Check for signs placed in snowbanks at the ends of streets.

Where to Park

When your street is scheduled for a snow removal, you need to move your vehicle(s) off the street for the night. If you do not have a private driveway, we suggest you use a public parking lot. Alternate parking options include:

- City Hall parking garage, 8 New Gower Street, free to the public on weekends and 5 p.m. to 8 a.m. on weekdays when there is no event at the Mary Brown's Centre.
- Privately owned parking garages at 351 Water Street and 330 Duckworth Street (parking by fee).



If Your Vehicle is Towed

Impound Fees and Payments

- Towing charge: \$200
- Administration charge: \$50
- Impounding fee: \$25 per day

Vehicles are released to the registered owner/renter when all charges are paid. If proof of registration and insurance is not provided, the vehicle can only be towed, not driven, from the impound lot.

Payment Options:

- In person at City Hall
 8 a.m. to 4 p.m., Monday to Friday by cash, credit or debit card
- By calling 311 or 709-754-CITY (2489) 7 a.m. to 11 p.m. (credit card only)

Impounded vehicles can be picked up, after payment is made, by the registered owner/ renter from 8 a.m. to midnight, seven days a week at 25 Blackler Avenue. Proof of ownership required, such as:

- Driver's license or other government identification with the same name and civic address as the vehicle registration.
- For rental vehicles, the name and address on government identification must match the name and address of the rental agreement.



For more details, visit **StJohns.ca/DTSnowRemoval** or scan the QR code.

Inclusive Services

We can help provide support to participate in City of St. John's recreation programs. Contact us to learn more.

Therapeutic Recreation Referrals

Therapeutic Recreation promotes safe and supportive recreation and leisure opportunities for participants with physical, mental, social or emotional barriers. Participants may be referred by a professional or self-referral.

Attendant Pass

Persons with disabilities who require the support of an attendant to accompany them to events may apply for an attendant pass. Please contact 709-576-4556 for more information.

Adaptive Equipment Loan Program

We have equipment that can assist people with disabilities to participate in recreation and leisure activities. Contact us to borrow adaptive equipment free of charge. Requests for equipment must be submitted one week in advance.

Financial Support

Financial support is available for individuals facing financial barriers to participate in City of St. John's recreation programs. Requests for children and youth are referred to the REAL Program.

Contact Us

For more information about any of these programs or services: **709-576-6972** Inclusion@StJohns.ca

Give the Gift of Play

Donate to the REAL Program and support a child in need. Visit StJohns.ca/REAL

Pursuing Active Lifestyles

January 28 to April 15

For individuals with mild to moderate developmental disabilities to learn about the basic skills needed for active living. 18+. \$84

Paul Reynolds Community Centre Tuesdays, 6:30 to 8 p.m. Event code: 36870

TIME[™] Together in Movement and Exercise January 28 to April 3

A community-based exercise program for people with balance and mobility limitations who can walk 10 metres with or without an aide. Registration is by referral from a physician, physiotherapist, registered nurse, nurse practitioner or certified therapeutic recreation specialist. 18+. \$200

Paul Reynolds Community Centre Tuesdays and Thursdays, 11:15 a.m. to 12:15 p.m. Event code: 36872

Fit Finders

KE

PROGRAM

Offered winter, spring and fall to groups facing barriers to participate in recreation programs. Groups can experience activities in a safe, supportive environment with experienced recreation staff. Learn more at **StJohns.ca/InclusiveServices.**



Outdoor Programs

Winter Activity Centre

The Winter Activity Centre at North Bank Lodge in Pippy Park is scheduled to open on January 9, 2025. Days of operation are weather dependent and based on snow cover.

Cross Country Ski and Snowshoe Rentals

There is equipment available to rent for all ages including classic cross-country skis, boots, snowshoes and poles. Payment is accepted by debit or credit only.

Equipment rental per hour:

- Individual \$5
- Family of three \$10
- Family of four or more \$15

A cross country sit ski is available. Other adaptive equipment can be arranged by contacting **Inclusion@StJohns.ca**.

Rental hours:

- Tuesday to Friday: noon to 9 p.m.
- Saturday: 9 a.m. to 9 p.m.
- Sunday: 9 a.m. to 5 p.m.

For updates call the snow line at 709-737-3651.

Ski Trails

Trails are open seven days a week and lit for evening use. If you have your own equipment, the ski trails are groomed twice daily for skate skiing, classic cross-country skiing and snowshoeing. There's also a dedicated snowshoe trail. Maps and trail info are available at the Winter Activity Centre.

Ski Lessons

Group lessons for classic cross-country skiing are available at the Winter Activity Centre. Lessons are weather dependent and first come first served. Equipment is included. Call the snow line for the status of a lesson.

Adult Lessons (18+): Thursdays, 7:30 to 9 p.m. from January 23 to March 6; \$20 per person, per session.

Family Lessons (5+): Sundays, 9:30 to 11 a.m. from January 26 to March 9; \$50 per family, per session.

Group and Corporate Outdoor Programs

Programs occur at Rotary 'Sunshine' Park or Pippy Park and are available to corporations, organizations, school groups and community groups. Programs are customized for the age and ability of the participants.

Programs offered in winter:

- cross country skiing
- snowshoeing
- outdoor cooking
- orienteering
- fire building
- map & compass

Contact Outdoor Programs at 709-576-8522 or Outdoor@StJohns.ca or visit OutdoorCorporateProgram.StJohns.ca.



Recreation Registration

For the most current programs and services visit StJohns.ca/RECconnect



| Program Registration | St. John's Residents | Residents of Other Municipalities |
|---|------------------------------|-----------------------------------|
| Children, Youth, Adult, Fitness, Senior & Outdoor Programs | 7 a.m. Thursday, November 28 | 7 a.m. Tuesday, December 3 |
| Swimming Lessons & Aquatic Leadership | 7 a.m. Thursday, December 5 | 7 a.m. Tuesday, December 10 |

Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Registration Options:

Online: StJohns.ca/RECconnect



Most City recreation facilities are available for rent for birthday parties, baby or bridal showers, family gatherings, community and corporate events or sports activities.

Swimming Parties Cost \$200

To book a swimming party call 709-576-8499 or 709-576-8631. Please review pool rules at StJohns.ca/PoolRules.

For information visit: StJohns.ca/Rentals

In-person: H.G.R. Mews Community Centre, 40 Mundy Pond Road or Paul Reynolds Community Centre, 35 Carrick Drive.

By phone: 709-576-8499 or 709-576-8631. Telephone registration is available after 10 a.m. on registration day.

You must ensure your account is activated and up-todate at least 72 hours before the registration time.

Nominations for the 2025 Applause Awards are opening soon.

Awards include:

Athletes of the Year

Climate Change Leadership Awards

Heritage Awards

Senior of the Year

Tourism Awards

Youth of the Year (Junior and Senior)

> Volunteer of the Year

Innovative Housing Design

Visit <u>StJohns.ca/Applause</u> for updates and learn how to nominate someone deserving



Swimming

Swimming Lessons

For more details visit: **StJohns.ca/Swimming**

Swimming lessons are offered year-round and follow the Lifesaving Society Swim for Life program and are available to swimmers of all abilities from the ages of four months to adult. Lessons are offered once per week and include the following programs:

- Parent and Tot 1, 2 and 3
- Preschool, Swimmer and Teen
- Adult lessons
- Private Swimming Lessons
- Adapted Swimming Lessons*

*A parent or aide may be required to support the swimmer in the water; a swimmer intake form is required two weeks prior. Contact Inclusion@StJohns.ca.

To register or view current offerings visit **StJohns.ca/RECconnect**.

Aquatic Leadership



Climb The Ladder To Become A Lifeguard!

Start your lifeguard training now with the following Lifesaving Society training programs. All prerequisite certifications must be submitted on the first day of the course.



Indoor Pools

H.G.R. Mews Community Centre, 40 Mundy Pond Road

Paul Reynolds Community Centre, 35 Carrick Drive

Visit **StJohns.ca/Swimming** for swim descriptions, accessibility features and pool schedules. Schedules are also available by phone at 709-576-8155 (PRCC) and 709-576-8408 (Mews) or by email at **Recreation@StJohns.ca**.



Fitness

We have a variety of fitness classes available for all ages and abilities.

Drop-in programs: Aquatic Fitness, Adults in Motion, Core Balance and Body Conditioning.

Programs that require

registration: Yoga (beginner, intermediate, mixed, yin, relaxation) Body Conditioning (Southlands only), and Ever Active.



Save the Date: Spring Camp

Spring Camps take place April 21-25 at several of our community centres.

Resident Registration: Thursday, March 6 Non-resident Registration: Tuesday, March 11

Children & Youth

Preschool - for children beginning Kindergarten in 2025. Requires registration.

| Course | Code | Age | Days | Dates | Time | Location | Cost |
|-----------|-------|-----|-------|---------------|----------|------------|-------|
| Preschool | 36828 | 4-5 | M W F | Jan 13-May 16 | 9am-noon | PRCC | \$735 |
| Preschool | 36829 | 4-5 | Tu Th | Jan 14-May 15 | 9am-noon | PRCC | \$510 |
| Preschool | 36830 | 4-5 | Tu Th | Jan 14-May 15 | 9am-noon | Southlands | \$510 |

*No program April 21 to 25

After School Program

3 to 5:30 p.m. on school days

There is space in our After School Program at the Shea Heights Community Centre. Search 'after school' at **StJohns.ca/RECconnect.**



Volunteer Opportunities

The City of St. John's welcomes residents to volunteer with us. We value all volunteers and realize they are an integral part of our programs and services. Our goal is to provide a positive experience to encourage lifetime volunteers.

For more information or to apply:

- Visit StJohns.ca/Volunteer
- Call 709-576-8630
- Email Volunteer@StJohns.ca



Youth Talent Show

Do you dance, sing, act, or do magic tricks? Whatever your talent, here's your chance to show it off in a supportive and non-judgmental environment!

Saturday, February 8 2 p.m.

D.F. Cook Recital Hall, School of Music, Memorial University.

Anyone can attend for free – support these stars of tomorrow!

Performers are ages 10-16.

Application deadline is Jan 17. For application forms visit **StJohns.ca/YouthTalentShow**.



| Family & Friends | | | | | | | | | | | |
|-------------------------|---|-----|---------------|------------|-----------------|-----------------------------|--|--|--|--|--|
| Course | Age | Day | Dates | Time | Location | Cost | | | | | |
| Family Open Gym Drop-In | amily Open Gym Drop-In All ages Sa Jan 11 | | Jan 11-Mar 29 | 7-9pm | Kenmount | \$2, under 6 months free | | | | | |
| Preschool Drop-In | 2-4 | Th | Jan 16-Apr 17 | 10-11:30am | Shea Heights | \$2 | | | | | |

| Playgroups, Up to Age 5 | Playgroups, Up to Age 5 | | | | | | | | | |
|-------------------------|-------------------------|--------------|--------------|------------|--|--|--|--|--|--|
| Course | Day | Dates | Time | Location | Cost | | | | | |
| Playgroup | MW | Jan 6-Mar 26 | 10-11:30am | Southlands | \$2, under 6 months free | | | | | |
| Playgroup Active | М | Jan 6-Mar 24 | 9:30-11:30am | Kilbride | Free For more information visit | | | | | |
| Playgroup | Tu Th | Jan 7-Mar 27 | 9:50-11:50am | Klibride | For more information visit www.kffrc.com | | | | | |
| Playgroup | Tu Th Sa | Jan 7-Mar 29 | 10-11:30am | Kenmount | \$2, under 6 months free | | | | | |

| First Aid & Safety - | First Aid & Safety – requires registration | | | | | | | | | | | |
|--|--|-------|----|----------|------------|--------------|------|--|--|--|--|--|
| CourseCodeAgeDaysDatesTimeLocationCode | | | | | | | | | | | | |
| Home Alone Safety Course | 36832 | 10-12 | м | Feb 24 | 9am-4pm | Shea Heights | \$55 | | | | | |
| Babysitting | 36877 | 11-15 | Sa | March 8 | 9am-4:30pm | Kenmount | \$55 | | | | | |
| Home Alone Safety Course | 36833 | 10-12 | Sa | March 22 | 9am-4pm | Kilbride | \$55 | | | | | |

| FREE Youth Drop I | FREE Youth Drop Ins | | | | | | | | | | | |
|-------------------|---------------------|--------|----------------------------|----------|----------------|--|--|--|--|--|--|--|
| Course | Ages | Day | Start Date | Time | Location | | | | | | | |
| Lunch in | 11-16 | M to F | Jan 6-Apr 17 | noon-1pm | PRCC | | | | | | | |
| Drop-In | 12-16 | М | Jan 6-Mar 24 | 6-7:30pm | Kenmount | | | | | | | |
| Drop-In – Sports | 10-16 | Tu | Jan 7-Mar 25 | 6-8pm | St. John Bosco | | | | | | | |
| Drop-In | 10-16 | W | Jan 8-Mar 26 | 6-8pm | Southlands | | | | | | | |
| Drop-In | 10-16 | W | Jan 8-Mar 26 | 6-8pm | Shea Heights | | | | | | | |
| Youth Night | Night 12-16 | | Jan 23, Feb 20 & Mar 20 | 6-7:30pm | Kilbride | | | | | | | |

Adult Programs

Registration required unless otherwise noted. Programs can be cancelled one week prior to start of program at the discretion of the City.

Walk & Wheel - Finding it difficult to walk outside? Join us indoors. Bring indoor footwear and a filled water bottle.

| Course Code | | Code | Day | Date | Time | Location | Cost |
|-------------|--------------|-------|-----|--------------|-----------------|------------|------|
| | Walk & Wheel | 36813 | MW | Jan 6-Mar 26 | 11:45am-12:45pm | Kenmount | Free |
| | Walk & Wheel | 36814 | MW | Jan 6-Mar 26 | noon-1pm | Southlands | Free |

| Art | | | | | | | | | |
|--|-------|-----|-----------|-------|----------|---------|--|--|--|
| Course | Code | Day | Date | Time | Location | Cost | | | |
| Drawing: Water Ocean, rivers & waterfalls | 36800 | F | Jan 24 | 6-8pm | Mews | \$18 | | | |
| Drawing: Textures Metal, fabric and wood | 36801 | F | Mar 21 | 6-8pm | PRCC | \$18 | | | |
| Acrylic Painting: Crocus Bloom | 36796 | F | Jan 31 | 6-8pm | Mews | \$19.50 | | | |
| Acrylic Painting: Puffin | 36797 | F | Mar 7 | 6-8pm | PRCC | \$19.50 | | | |
| Oil Painting: Snowy Owl | 36798 | Th | Jan 16-30 | 6-8pm | Mews | \$60 | | | |
| Oil Painting: Pondside Landscape | 36799 | Th | Mar 13-27 | 6-8pm | PRCC | \$60 | | | |

| Leisure & Learning * Pending Instructor Availability | | | | | | | | |
|--|-------|-----|---------------|--------------|----------|----------|--|--|
| Course | Code | Day | Date | Time | Location | Cost | | |
| Chess | 36785 | Tu | Jan 14-Apr 1 | 6-7:30pm | Mews | \$99 | | |
| Bridge Level 1 | 36786 | Tu | Jan 14-Apr 1 | 10am-12:30pm | Kenmount | \$165 | | |
| Bridge Level 2 | 36787 | W | Jan 15-Apr 2 | 10am-12:30pm | PRCC | \$165 | | |
| Bridge Level 3 | 36788 | М | Jan 13-Mar 31 | 10am-12:30pm | Kenmount | \$151.25 | | |

| Handicraft | | | | | | | | |
|---|-------|-----|--------------|--------------|------------|---|--|--|
| Course | Code | Day | Date | Time | Location | Cost | | |
| Learn to Knit | 36792 | W | Jan 8-Feb 26 | 6pm-8pm | Southlands | \$60 | | |
| Knitting Circle | 36791 | М | Jan 6-Apr 7 | 10:30am-noon | Mews | \$26 | | |
| Come Craft with Us | 36835 | W | Mar 19-Apr 9 | 6pm-8pm | Southlands | \$60 | | |
| Rug Hooking: Your Favourite Fairy Tale | 36793 | М | Feb 3-Mar 3 | 9am-noon | Mews | \$220 \$238.40 if hook and frame needed | | |

| Adult Drop-in | | | | | | | | |
|------------------|-----|--------------|-------------|--------------|-----------------|--|--|--|
| Course | Day | Date | Time | Location | Cost | | | |
| Open Gym Drop-in | М | Jan 6-Mar 24 | 7:30-9:30pm | Kenmount | \$2 drop-in fee | | | |
| Open Gym Drop-in | W | Jan 8-Mar 26 | 8-10pm | Southlands | \$2 drop-in fee | | | |
| Adult Drop-in | Т | Jan 7-Mar 25 | noon-1pm | Southlands | Free | | | |
| Adult Drop-in | Th | Jan 9-Mar27 | noon-1pm | Shea Heights | Free | | | |

| Music | | | | | | | |
|--------------------------|-------|-----|---------------|-----------------|----------|---------|--|
| Course | Code | Day | Date | Time | Location | Cost | |
| Guitar Intermediate | 36806 | М | Jan 13-Mar 31 | 7:30-9pm | Mews | \$90.75 | |
| Guitar Beginner | 36805 | Th | Jan 16-Apr 3 | 5:30-7pm | Mews | \$99 | |
| Guitar Advanced | 36804 | Th | Jan 16-Apr 3 | 7:30-9pm | Mews | \$99 | |
| Keyboard Beginner | 36807 | Tu | Jan 14-Apr 1 | 9:30-10:45am | Mews | \$82.50 | |
| Keyboard Beginner | 36808 | Th | Jan 16-Apr 3 | 9:45-11am | PRCC | \$82.50 | |
| Keyboarding Intermediate | 36809 | Tu | Jan 14-Apr 1 | 11:00am-12:15pm | Mews | \$82.50 | |
| Keyboarding Intermediate | 36811 | Tu | Jan 14-Apr 1 | 12:30-1:45pm | Mews | \$82.50 | |
| Keyboarding Intermediate | 36810 | Th | Jan 16-Apr 3 | 11:30am-12:45pm | PRCC | \$82.50 | |
| Ukulele Beginner | 36812 | М | Jan 13-Mar 31 | 6-7pm | Mews | \$60.50 | |

| Dance | | | | | | | |
|-------------------------------------|-------|-----|---------------|--------------|----------|------------------------------|--|
| Course | Code | Day | Date | Time | Location | Cost | |
| A Time to Dance | 36782 | М | Jan 13-Mar 31 | 1-2pm | PRCC | \$60.50 | |
| A Time to Dance | 36783 | Tu | Jan 14-Apr 1 | 6:30-7:30pm | PRCC | \$66 | |
| Beginner Line Dance | 36773 | Tu | Jan 14-Apr 1 | 11am-noon | Mews | \$66 | |
| Beginner Line Dance | 36772 | Tu | Jan 14-Apr 1 | 12:15-1:15pm | Mews | \$66 | |
| Beginner Line Dance | 36880 | Tu | Jan 14-Apr 1 | 1:30-2:30pm | Mews | \$66 | |
| Beginner/Intermediate Line Dance | 36774 | W | Jan 15-Apr 2 | 12:30-1:30pm | Mews | \$66 | |
| Intermediate/Advanced Line Dance | 36776 | W | Jan 15-Apr 2 | 2-3pm | Mews | \$66 | |
| Intermediate/Advanced Line Dance | 36777 | Th | Jan 16-Apr 3 | 11am-noon | Mews | \$66 | |
| Intermediate Line Dance | 36775 | Th | Jan 16-Apr 3 | 12:30-1:30pm | Mews | \$66 | |
| Beginner Ballroom Dance | 36778 | Su | Jan 12-Mar 30 | 6:30-7:30pm | Mews | \$66 per person | |
| Intermediate Ballroom Dance | 36780 | Su | Jan 12-Mar 30 | 8-9pm | Mews | Partner required, | |
| Beginner Ballroom Dance | 36779 | W | Jan 15-Apr 2 | 6:30-7:30pm | PRCC | each person must register | |
| Intermediate Ballroom Dance | 36781 | W | Jan 15-Apr 2 | 8-9pm | PRCC | separately. | |
| Newfoundland Traditional Dance | 36784 | W | Jan 15-Apr 2 | 7:30-9pm | Mews | \$8.25 (drop-in) | |



Older Adults (50+)

These programs are for ages 50+ and require registration.

Registration details are on **page 12** There are also many other adult programs that may interest you on **page 16-17**.

Social Time

Socialize with friends while enjoying leisure activities, music, games and light refreshments.

Paul Reynolds Community Centre Mondays January 6 to April 7 10:30 a.m. to 12:30 p.m. \$26 Code: 36789

H.G.R. Mews Community Centre Wednesdays January 8 to April 2 10:30 a.m. to 12:30 p.m. \$26 Code: 36869

H.G.R. Mews Community Centre Fridays January 10 to April 4 10:30 a.m. to 12:30 p.m. \$26 Code: 36790

Active for Life January 13 to April 2

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

Mondays and Wednesdays \$126.50

Kenmount Terrace Community Centre 1 to 2 p.m. Event code: 36815



Contact Us By Phone: 709-576-8490 709-576-5701 709-576-8411

By Email: Recreation@StJohns.ca AdultAndSeniors@StJohns.ca



Events and Outings

Registration is required for all events and outings. A Meal, refreshments and transportation are included. All outings are scent free. Individuals who wear scented products may be refused admission at the discretion of staff.

If you require accommodation to participate or have dietary restrictions we should be aware of, please email **RDobbin@StJohns.ca** or call 709-576-8411.

Social and Bingo January 16

Enjoy time with friends with lunch and a game of Bingo! Prizes included. \$19

Kenmount Terrace Community Centre 10 a.m. to 1 p.m. Event code: 36766

Valentine's Party February 13

Enjoy a valentines celebration with a meal, great company and entertainment. \$23

City Hall 6:30 to 10:30 p.m. Event code: 36767

Pancake Brunch and Bingo March 4

It's Pancake Day! Join us for a social, brunch and games of bingo. Prizes included. \$19

Kenmount Terrace Community Centre 10 a.m. to 1 p.m. Code: 36768

St. Patrick's Party March 13

Whether you're Irish by blood or just for the day, come enjoy a meal, dancing, entertainment and great company! \$23

City Hall 6:30 to 10:30 p.m. Event code: 36769

Senior Prom April 10

Get ready for an unforgettable evening at the Senior Prom. Grab your finest outfits and join us for a meal, dancing and entertainment. \$23

City Hall 6:30 to 10:30 p.m. Code: 36770

Transportation

Transportation for special events is included in the event price. Please call 709-576-8594 the evening before the event to determine the bus schedule. Pick-ups occur from the H.G.R. Mews Community Centre and the following adult and seniors apartment complexes:

- Bishop Meaden Manor
- Building #10 Pasadena Cres
- Building #35 Tiffany Lane
- Churchill Square
- Kelly's Brook Apartments
 (Main entrance)
- Maplewood Apartments
- Morgan Hollow
- Shea Heights
 Community Centre
- St. George's Court Apartments
- St. Luke's Cottages/ Babb Manor
- The Bristol
- Thomas Estates
- Victoria Manor
- Wigmore Manor

NOTE: If the bus cannot fit into the parking lot it will park at the entrance of the lot.



The Loop at Bannerman Park

The Loop opens for the season when temperatures are consistently low enough to make and maintain the ice surface.

Please do not skate on The Loop until we've announced it's open – skating on it before then damages the ice and delays the opening. Visit **StJohns.ca** for updates.

Hours of operation (once opened for the season): Daily from 10 a.m. to 10 p.m.

Closed for ice maintenance (no skating) Tuesday to Thursday: 1 to 2 p.m. Friday to Monday: 1 to 2 p.m. and 4 to 5 p.m.

Buy REAL Program Holiday Cards to Support Local Kids

Buy holiday greeting cards, five for \$20, to give a child the gift of play. One hundred per cent of the proceeds go toward providing children and youth placements in recreation and leisure programs of their choice.

Get Your Cards or Donate:

Call: 709-576-8684 or 709-576-4556 Email: **Real@StJohns.ca**

Drop By One of the Following Locations:

Paul Reynolds Community Centre, 35 Carrick Drive. H.G.R. Mews Community Centre, 40 Mundy Pond Road. Access St. John's, first floor City Hall, 10 New Gower Street.



