



SPRING 2025

# CITY GUIDE



ST. JOHN'S

[StJohns.ca](http://StJohns.ca)

# City Council



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## City Guide

Information about the programs and services at the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

If you do not wish to receive unaddressed mail including the City Guide, put a note on or in your mailbox stating you do not wish to receive Canada Post Neighbourhood Mail™.

If you continue to receive unaddressed advertising after you have placed the note on your mailbox, submit a service ticket at **CanadaPost.ca** or call Canada Post Customer Service at 1-866-607-6301.

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**Download the free Curbit St. John's App**  
Available for iPhone & Android

## Oversized Waste Collection By Appointment

### 2025 Pick Up Schedule

- Area 5: May 5-9
- Area 4: May 12-16
- Area 3: May 20-24
- Area 2: May 26-30
- Area 1: June 2-6



### Book an Appointment

- Go to [CurbitStJohns.ca/Schedules](https://CurbitStJohns.ca/Schedules)
- Via the app [Curbit St. John's](#)

Appointment bookings open 10 a.m.  
Tuesday, April 15, 2025.

One appointment is permitted each year by house address. Please coordinate with all who live at the property before booking an appointment.

### Size Restrictions

- 1.5m x 1.5m x 2.15m (5ft x 5ft x 7ft)
- Must weigh less than 68 kgs (150 lbs)
- Does not fit inside a regular size garbage or recycling bag.



**ROBIN HOOD BAY**  
WASTE MANAGEMENT FACILITY

## Residential Drop-off (RDO)

340 East White Hills Road  
8 a.m. to 4 p.m., Tuesdays to Saturdays

There are separate bins for different types of waste at the Residential Drop-off. Pre-sort or organize your items into these waste types before you come to Robin Hood Bay.

### Compostable Yard Waste

Put leaves, grass clippings, garden trimmings and small twigs in paper yard waste bags for composting. Larger branches can be brought loose or bundled.

### Recyclable Containers

All items must be in see-through blue bags. Glass is NOT accepted.

### Recyclable Papers & Cardboard

Mixed papers and cardboard must be in see-through blue bags. Corrugated cardboard can be put in blue bags, or placed in the designated bin for cardboard only either bundled or loose (not in bags).

### Recyclable Electronics

Recycle your old electronics to give them new life.

### Recyclable Metal

Accepted at the RDO. If you have metal only, AIM Recycling at Robin Hood Bay is open Monday to Saturday 8 a.m. to 4:30 p.m.

### Reusable Furniture

Donate gently used furniture to be distributed to those in need.

### Garbage

Bag light items including Styrofoam to keep litter at a minimum. Liquids and metals are not accepted in garbage.

### Hazardous Waste

Open Wednesdays and Saturdays, 8 a.m. to 4 p.m. Accepting hazardous products including all batteries, paint, chemicals including pool/hot tub conditioners, empty propane canisters and more.



**For 2025 Waste Collection Schedules visit:**  
[CurbitStJohns.ca/Schedules](https://CurbitStJohns.ca/Schedules)

**Sign Up for Waste Reminders**  
Available in English, French, Punjabi, Russian, Simplified Chinese and Spanish.

# Paid Parking Options



In all areas where public parking is available, look for signs that indicate the parking restrictions in the area. Note that payment is not required for parking after 6 p.m. on weekdays or on weekends. You do not need a cell phone for parking, you can use a pay station.

[StJohns.ca/PaidParking](https://www.stjohns.ca/PaidParking)

## Steps for using PayByPhone

- 1. Download the PayByPhone app**  
Find the app on the Google Play or Apple App Store on your smart phone. Search “**PayByPhone**” and look for the app that uses the above icon. Once downloaded, open the app to start the registration process.
- 2. Create an account**  
Find the person/gear icon. Click to begin to set up your account. You can enter multiple vehicles, payment info and more.
- 3. Enter the parking zone/location number**  
The app will ask the zone number of where you are parked. Look for on-street signage that indicates zone number.
- 4. Enter your vehicle information**  
You will add the license plate number and province as well as vehicle type and description.
- 5. Enter your parking duration**  
Add the amount of time you wish to park.
- 6. Extend your parking anytime**  
Add more time from wherever you are.

If you do not have a smartphone, you can call **1-866-234-7275** to make a payment.

There are also various private parking lots in the downtown, please look for signage in these areas as the restrictions differ from the City's.

## Steps for using a Pay Station

You can visit a pay station to make your payment using a credit card, debit card (tap only), or mobile pay.

1. After you park, identify the zone you are in (on the nearby signage), go to the nearest pay station and press any button on the station to begin.
2. Select a payment method using the yellow buttons on the machine. Either tap (debit, credit or mobile pay) or insert your credit card.
3. Confirm your parking zone number. Stations will display the zone you are currently in.
4. Enter your license plate number. This is on the same screen as the zone confirmation.
5. Choose the amount of time you wish to pay for parking and confirm using the green button.
6. Make the payment either by tapping or inserting and removing your credit card.
7. The station will ask you if you would like a receipt when the transaction is processed to keep for your own records; you do not need to return to your vehicle with the receipt.



In this photo: Katie Baggs Band



**You can apply today!**  
Application deadline is Friday, March 28, 2025  
Complete the application form:  
scan the QR code or visit  
<https://forms.microsoft.com/r/MJ7WsubuiE>

# Come Perform with Us

Applications are now being accepted for the 2025 Call for Performers. The Call for Performers allows the City to showcase arts and cultural performances for special events like the Music @ Concert Series, dockside welcomes and other City of St. John's hosted events and festivals.

## Music @ Concert Series

Performances showcase the diverse musical talent the city has to offer and span genres such as jazz, folk, pop and more. A youth performer opening act is coordinated through a partnership with the Newfoundland and Labrador Folk Arts Society. Main act performances are approximately 45 minutes long.

## City of St. John's Hosted Events and Festivals

Perform for a variety of audiences, in a family-friendly environment. Performance requirements vary based on the event or festival, and may include Chillfest, Canada Day celebrations, New Year's Eve celebrations and others as required.

## Dockside Welcomes

An introduction to our city and province to welcome cruise ship passengers with music, song and dance. Designed to be informative, entertaining and engaging while showcasing Newfoundland and Labrador's talent.

## Do you love our vibrant city? Become an Ambassador!

Do you enjoy spending time outside in downtown St. John's and sharing information with others?

We are looking for energetic and passionate individuals interested in joining the Ambassador Program.

Ambassadors assist visitors by providing tourist information in a positive atmosphere.

If you are interested in this unique volunteer opportunity, please contact Kim Cooper at 709-576-7160 or [KCooper@StJohns.ca](mailto:KCooper@StJohns.ca)



# Inclusive Services

The City of St. John's is committed to providing an accessible, inclusive, healthy and safe community for everyone. For more information on programs and services visit [StJohns.ca/InclusiveServices](http://StJohns.ca/InclusiveServices)

## Financial Support

Financial support is available for adults and seniors facing financial barriers to participate in City of St. John's recreation programs.

Requests for children and youth are referred to the REAL program. Visit [StJohns.ca/REAL](http://StJohns.ca/REAL) for more information and application deadlines.

## Attendant Pass

Persons with disabilities who require the support of an attendant to accompany them to events, may apply for a pass for their attendant.

Call **709-576-4556** or email [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca)

## Adaptive Equipment Loan Program

The City of St. John's understands that taking part in recreation, at any time of the year, greatly improves physical and mental well-being. We have adaptive recreation equipment that can be used in winter that is available to borrow free-of-charge. A minimum of one week notice is required for requests.

For more information visit:  
[StJohns.ca/InclusiveServices](http://StJohns.ca/InclusiveServices)

## Application deadlines for Inclusion Support:

Program	Inclusion Registration Date
Spring Recreation Programs	February 1
After School Programs	March 1
Summer Recreation Programs	March 17
Fall Recreation Programs (including Preschool)	July 17
Winter Recreation Programs (including Preschool)	November 17

**REAL Program Summer Application Deadline: April 17.** Applicants who have questions or require assistance please call 709-576-8684/4556 or email [Real@StJohns.ca](mailto:Real@StJohns.ca).

## For Applications:

Email [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca) or Call 709-576-6972  
Visit the Paul Reynolds or H.G.R. Mews Community Centres

**REAL**  
PROGRAM

## Give the Gift of Play

Donate to the REAL Program and support a child in need



# National Youth Week May 1 to 7, 2025

The City of St. John's proudly celebrates National Youth Week annually from May 1 to 7, recognizing the vital role youth play in shaping the community. Through participation in recreation, arts, civic engagement, drama, dance, sport, volunteerism and leadership, youth make meaningful contributions that help shape our city.

For all details including free events and opportunities for youth during Youth Week visit [StJohns.ca/Youth](http://StJohns.ca/Youth)

## Youth Art Exhibit

Wyatt Hall (second floor City Hall)

Opening reception:  
Tuesday, April 29, 7 to 8 p.m.

The art exhibit will be open to the public during the month of May from 8 a.m. to 4:30 p.m. on weekdays.

## Free Swims

There will be free swims for youth during Youth Week, stay tuned for details!

## Youth Carnival

Paul Reynolds Community Centre  
Wednesday, May 7, 6:30 to 8 p.m.  
Free! Limited capacity -first come, first served.

# Recreation Registration

For the most current programs and services visit [StJohns.ca/RECconnect](https://StJohns.ca/RECconnect)

Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Program Registration	St. John's Residents	Residents of Other Municipalities
Spring Programs (spring camp, children, youth, adult, senior, fitness and outdoor)	7 a.m. Thursday March 6, 2025	7 a.m. Tuesday March 11, 2025
Preschool and After School Programs 2025-2026	7 a.m. Thursday April 3, 2025	7 a.m. Tuesday April 8, 2025
Swimming Lessons and Aquatic Leadership	7 a.m. Wednesday April 9, 2025	7 a.m. Friday April 11, 2025

## Registration Options:

Online:

[StJohns.ca/RECconnect](https://StJohns.ca/RECconnect)

In-person:

H.G.R. Mews Community Centre, 40 Mundy Pond Road  
or Paul Reynolds Community Centre, 35 Carrick Drive.

By phone:

709-576-8499 or 709-576-8631

Telephone registration is available after 10 a.m. on registration day.

You must ensure your account is activated and up-to-date at least 72 hours before the registration time.

# Outdoor Programs

For more details or to register for these programs visit [StJohns.ca/RECconnect](https://StJohns.ca/RECconnect)

	Code	Age	Day	Date	Time	Location	Cost
Navigation Skills	37162	18+	Su	Apr 27	9am-2pm	Rotary	\$50
Wilderness Survival	37163	18+	Su	May 4	9am-2pm	Rotary	\$50
Archery	37158	18+	W	May 14-28	6:30-8pm	Rotary	\$45
Family Archery (Register once per family)	37159	5+	M	Mar 31-Apr 14	6:30-8pm	Kenmount	\$81
Bike Trail Ride	37160	8-12	Sa	May 24	9:30am-noon	Rotary	\$16.25
Family Canoeing (Register once per family)	37161	5+	Sa	Jun 7	10am-noon	Rotary	\$36

## Group Outdoor Programs

Outdoor programs take place at Rotary 'Sunshine' Park and are available to community, youth and school groups.

Programs are customized for the age and ability of participants, are offered as the season permits and can be booked from September to June.

To book contact [Outdoor@StJohns.ca](mailto:Outdoor@StJohns.ca)

## Corporate Outdoor Program

We offer corporate team building programs for your organization. A variety of land, snow or water activities are available for groups from 10 to 60 people. We can plan a day or work with you to create a custom program that will meet your needs.

For more information on any outdoor programs visit [StJohns.ca/OutdoorPrograms](https://StJohns.ca/OutdoorPrograms)

# Swimming



## Swimming Lessons

For more details visit: [StJohns.ca/Swimming](http://StJohns.ca/Swimming)

Swimming lessons are offered year-round and follow the Lifesaving Society Swim for Life program and are available to swimmers of all abilities from the ages of four months to adult. Lessons are offered once per week and include the following programs:

- Parent and Tot 1, 2 and 3
- Preschool, Swimmer and Teen
- Adult lessons
- Private Swimming Lessons
- Adapted Swimming Lessons\*

\*A parent or aide may be required to support the swimmer in the water; a swimmer intake form is required two weeks prior. Contact [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca).

To register or view current offerings visit [StJohns.ca/RECconnect](http://StJohns.ca/RECconnect).

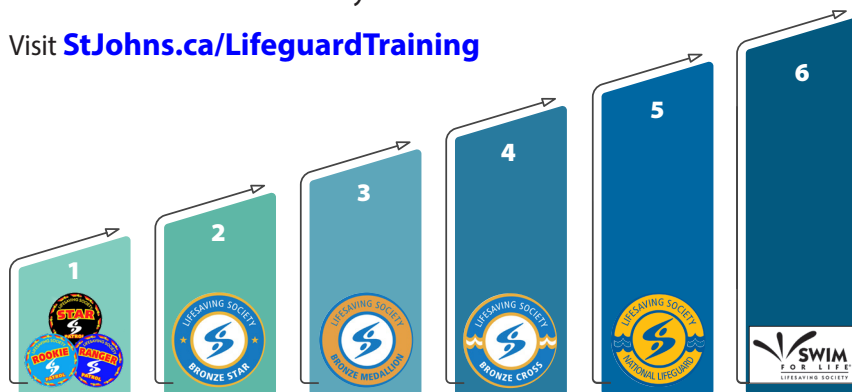
## Aquatic Leadership



### Climb The Ladder To Become A Lifeguard!

Start your lifeguard training now with the following Lifesaving Society training programs. All prerequisite certifications must be submitted on the first day of the course.

Visit [StJohns.ca/LifeguardTraining](http://StJohns.ca/LifeguardTraining)



## Indoor Pools

H.G.R. Mews Community Centre,  
40 Mundy Pond Road

Paul Reynolds Community Centre,  
35 Carrick Drive

Visit [StJohns.ca/Swimming](http://StJohns.ca/Swimming) for swim descriptions, accessibility features and pool schedules. Schedules are also available by phone at 709-576-8155 (PRCC) and 709-576-8408 (Mews) or by email at [Recreation@StJohns.ca](mailto:Recreation@StJohns.ca).



## Fitness

We have a variety of fitness classes available for all ages and abilities.

**Drop-in programs:** Aquatic Fitness, Adults in Motion, Core Balance and Body Conditioning.

**Programs that require registration:** Yoga (beginner, intermediate, mixed, yin, relaxation) Body Conditioning (Southlands only), and Ever Active.





# 2025 Spring Camp

Spring Camps take place April 21-25 at several of our community centres.

**Resident Registration:**  
Thursday, March 6

**Non-resident Registration:**  
Tuesday, March 11

## Children & Youth

Playgroups, up to age five unless otherwise noted. No programs during the week of April 20-26, 2025.

Course	Code	Day	Dates	Time	Location	Cost
Playgroup Active	37152	M	Apr 7-Jun 23	9:30-11:30am	Kilbride	Free For more information visit <a href="http://kffrc.com">kffrc.com</a>
Playgroup	37153	Tu Th	Apr 8-Jun 26	9:30-11:30am	Kilbride	Free For more information visit <a href="http://kffrc.com">kffrc.com</a>
Playgroup	37150	Tu Th Sa	Apr 1-Jun 14	10-11:30am	Kenmount	\$2
Playgroup	37151	M W	Mar 31-Jun 11	10-11:30am	Southlands	\$2

### After School Program 2025-2026

Course	Code	Days	Dates	Time	School	Cost
Kilbride - Discovery (ages 5-8)	37202	M-F	Sep 3-Jun 26	3-5:30pm	Hazelwood Elementary	\$375 (per month)
Kilbride - Explore (ages 9-12)	37203	M-F	Sep 3-Jun 26	3-5:30pm		
Shea Heights (ages 5-12)	37196	M-F	Sep 3-Jun 26	3-5:30pm	St. John Bosco	\$215 (per month)
Shea Heights (ages 5-12)	37198	M W F	Sep 3-Jun 26	3-5:30pm		\$129 (per month)
Shea Heights (ages 5-12)	37197	Tu Th	Sep 4-Jun 25	3-5:30pm		\$86 (per month)
PRCC - Discovery 1 (ages 5-8)	37199	M-F	Sep 3-Jun 26	3-5:30pm	MacDonald Drive, Roncalli, Mary Queen of Peace	\$375 (per month)
PRCC - Discovery 2 (ages 5-8)	37201					
PRCC - Explore (ages 9-12)	37200					

### Family and Friends

Course	Code	Day	Dates	Time	Location	Cost
Family Open Gym Drop-In	37157	Sa	Apr 5-Jun 14	7-9pm	Kenmount	\$2 per person

### Preschool for children attending kindergarten in September 2026.

	Code	Age	Days	Dates	Time	Location	Cost
Preschool	37136	4-5	M W F	Sep 15-Dec 5	9am-noon	PRCC	\$525
Preschool	37194	4-5	Tu Th	Sep 16-Dec 4	9am-noon	PRCC	\$345
Preschool	37195	4-5	M W F	Sep 15-Dec 5	9am-noon	Southlands	\$525

### Leadership – requires registration

Course	Code	Age	Days	Dates	Time	Location	Cost
Babysitting Course	37156	10-12	Sa	Apr 5	9am-4:30pm	Kenmount	\$55
Home Alone Safety	37154	10-12	Sa	May 3	9am-4:30pm	Southlands	\$55
Home Alone Safety	37155	10-12	Sa	Jun 7	9am-4:30pm	Kenmount	\$55

### FREE Youth Drop-ins

Course	Ages	Day	Start Date	Time	Location
Lunch-in	11-16	M - F	Mar 31-Jun 13	noon-1pm	PRCC
Drop-in – Sports	10-16	Tu	Apr 1-Jun 10	6-8pm	St. John Bosco
Drop-in	12-16	M	Mar 31-Jun 9	6-7:30pm	Kenmount
	10-16	W	Apr 2-Jun 11	6-8pm	Shea Heights
					Southlands
	10-16	Th	Apr 17	6-7:30pm	Kilbride
	10-16	W	May 7	6-7:30pm	
	10-16	Th	May 15	6-7:30pm	

### Spring Camp - Children must be enrolled in kindergarten - grade 6 to attend.

	Code	Age	Days	Dates	Time	Location	Cost
Spring Camp	37138	5-12	M-F	Apr 21-25	8am-5pm	Kilbride	\$150
Spring Camp	37139	5-12	M-F	Apr 21-25	8am-5pm	SHCC	\$125
Spring Camp	37140	5-12	M-F	Apr 21-25	8am-5pm	Kenmount	\$150
Spring Camp	37137	5-12	M-F	Apr 21-25	8am-5pm	Southlands	\$150
Spring Camp 1	37141	5-12	M-F	Apr 21-25	8am-5pm	PRCC	\$150
Spring Camp 2	37142	5-12	M-F	Apr 21-25	8am-5pm	PRCC	\$150



**Save the date:**  
Summer Registration is May 15

# Adult Programs

Adult courses are for ages 18+ and require registration, see page 8 (unless otherwise noted). Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Music						
	Code	Day	Date	Time	Location	Cost
Guitar Beginner	37122	Th	May 1-Jun 5	5:30-7pm	Mews	\$49.50
Guitar Intermediate	37123	M	Apr 28-Jun 9	7:30-9pm	Mews	\$49.50
Guitar Advanced	37121	Th	May 1-Jun 5	7:30-9pm	Mews	\$49.50
Keyboarding Beginner	37124	Tu	Apr 29-Jun 3	9:30-10:45am	Mews	\$41.25
Keyboarding Beginner	37125	Th	May 1-Jun 5	9:45-11am	PRCC	\$41.25
Keyboarding Intermediate	37126	Tu	Apr 29-Jun 3	11am-12:15pm	Mews	\$41.25
Keyboarding Intermediate	37127	Th	May 1-Jun 5	11:30am-12:45pm	PRCC	\$41.25
Keyboarding Intermediate	37128	Tu	Apr 29-Jun 3	12:30-1:45pm	Mews	\$41.25
Ukulele Beginner	37129	M	Apr 28-Jun 9	6-7pm	Mews	\$33

Drop-in Programs					
	Day	Date	Time	Location	Cost
Adult Drop-In	Tu	Apr 1-Jun 10	8-10pm	St. John Bosco	Free
Adult Drop-In	Th	Apr 3-Jun 12	11am-noon	Shea Heights	Free
Adult Drop-In	Tu	Apr 1-Jun 10	noon-1pm	Southlands	Free
Open Gym Drop-In	W	Apr 2-Jun 11	8-10pm	Southlands	\$2
Open Gym Drop-In	M	Mar 31-Jun 9	7:30-10pm	Kenmount	\$2
Walk and Wheel	MW	Mar 31-Jun 11	11:45am-12:45pm	Kenmount	Free
Walk and Wheel	MW	Mar 31-Jun 11	noon-1pm	Southlands	Free

Handicraft						
	Code	Day	Date	Time	Location	Cost
Knitting Circle	37115	M	Apr 28-Jun 9	10:30am-noon	Mews	\$12
Knitting - Learn to Knit	37116	W	Apr 16-Jun 11	6-8pm	Southlands	\$60
Come Craft with Us	36835	W	Mar 19-Apr 9	6-8pm	Southlands	\$60
Rug Hooking: Fiber Art	37204	M	May 5	9am-noon	Mews	\$90
Rug Hooking: Zippers, Beads and Bling	37028	M	May 12	9am-noon	Mews	\$49.75 or \$88.85 if hook and frame are required
Rug Hooking: Creative Stitches	37211	M	May 26	9am-noon	Mews	\$49.75 or \$88.85 if hook and frame are required
Rug Hooking: Brooches and Earrings	37214	M	Jun 2	9am-noon	Mews	\$55
Rug Hooking: Jean Jacket Insert	37217	M	Jun 9	9am-noon	Mews	\$49.75

Art - Materials included no experience necessary						
	Code	Day	Date	Time	Location	Cost
Acrylic Paint Dory in Water	37117	F	May 2	6-8pm	Mews	\$19.50
Acrylic Paint Northern Lights	37118	F	May 9	6-8pm	PRCC	\$19.50
Acrylic Paint	37221	M	April 7	6-8pm	Southlands	\$19.50
Acrylic Paint	37220	Su	Apr 27	6-8pm	Kilbride	\$19.50
Acrylic Paint	37222	Su	May 4	6-8pm	Shea Heights	\$19.50
Oil Paint Goat Cove Trail View	37119	Th	May 1-15	6-8pm	Mews	\$60
Drawing - Flowers	37120	F	May 23	6-8pm	Mews	\$18

Leisure & Learning						
	Code	Day	Date	Time	Location	Cost
Bridge Level 2 (Level 1 is a prerequisite)	37108	W	Apr 30-Jun 4	10am-12:30pm	PRCC	\$49.50
Bridge Level 3 (Level 2 is a prerequisite)	37109	M	Apr 28-Jun 9	10am-12:30pm	Kenmount	\$49.50
Chess	37107	Th	May 1-Jun 5	9:30-10:30am	Mews	\$5.50 drop-in

Dance						
	Code	Day	Date	Time	Location	Cost
A Time to Dance	37104	M	Apr 28-Jun 9	1-2pm	PRCC	\$33
A Time to Dance	37105	Tu	Apr 29- Jun 3	6:30-7:30pm	PRCC	\$33
Beginner Line Dance	37098	Tu	Apr 29-Jun 3	11am-noon	Mews	\$33
	37097			12:30-1:30pm		
Intermediate/Advanced Line Dance	37102	Th	May 1-Jun 5	11am-noon	Mews	\$33
Intermediate Line Dance	37101	Th	May 1-Jun 5	12:30-1:30pm	Mews	\$33
Beginner/Intermediate Line Dance	37100	W	Apr 30-Jun 4	12:30-1:30pm	Mews	\$33
Intermediate/Advanced Line Dance	37103	W	Apr 30-Jun 4	2-3pm	Mews	\$33
Newfoundland Traditional Dance	37106	W	Apr 30-Jun 4	7:30-9pm	Mews	\$8.25 (drop-in)



Fresh & Affordable at

## Food on the Move

Shop for tasty fruits and vegetables at awesome prices—perfect for you and your family!

Every month, we pop up at six spots around St. John's. It's a fun way to grab groceries, meet new friends, and find services in your neighbourhood. Plus, Library on the Go brings books and materials to borrow for free!



For the schedule, visit:  
[FoodStJohns.ca/Move](https://FoodStJohns.ca/Move)

 Food First<sup>NL</sup>



## Older Adults (50+)

These programs are for ages 50+ and require registration.

Registration details are on [page 7](#). There are also many other adult programs that may interest you on [page 11-13](#).

### Social Time

Socialize with friends while enjoying leisure activities, music, games and light refreshments.

Paul Reynolds  
Community Centre  
Mondays  
April 28 to June 9  
10:30 a.m. to 12:30 p.m.  
\$12  
Code: 37110

H.G.R. Mews  
Community Centre  
Fridays  
May 2 to June 6  
10:30 a.m. to 12:30 p.m.  
\$12  
Code: 37111

### Active for Life April 28 to June 9

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

Mondays and Wednesdays  
\$66

Kenmount Terrace  
Community Centre  
1 to 2 p.m.  
Event code: 37130



### Contact Us

#### By Phone:

709-576-8490  
709-576-5701  
709-576-8411

#### By Email:

[Recreation@StJohns.ca](mailto:Recreation@StJohns.ca)  
[AdultAndSeniors@StJohns.ca](mailto:AdultAndSeniors@StJohns.ca)





## Events and Outings

Registration is required for all events and outings. A meal, refreshments and transportation are included. All outings are scent free. Individuals who wear scented products may be refused admission at the discretion of staff.

If you require accommodation to participate or have dietary restrictions we should be aware of, please email [AdultAndSeniors@stjohns.ca](mailto:AdultAndSeniors@stjohns.ca) or call 709-576-8411.

### Social and Bingo

**May 8**

Enjoy time with friends with lunch and a game of Bingo!  
Prizes included.  
\$19

Kenmount Terrace  
Community Centre  
10 a.m. to 1 p.m.  
Event code: 37095

### Disco Dinner and Dance

**May 29**

Do the hustle! Dress your best and shine bright like a disco ball.  
\$23

City Hall  
6:30 to 10:30 p.m.  
Event code: 37093

### Outdoor Adventures

**June 5**

Join the City's outdoor team for fun and adventure. Please dress according to weather.  
\$17

Rotary "Sunshine" Park  
10 a.m. to 1 p.m.  
Event code: 37094

## Transportation

Transportation for special events is included in the event price. Please call 709-576-8594 the evening before the event to determine the bus schedule. Pick-ups occur from the H.G.R. Mews Community Centre and the following adult and seniors apartment complexes:

- Bishop Meaden Manor
- Building #10 Pasadena Cres
- Building #35 Tiffany Lane
- Churchill Square
- Kelly's Brook Apartments (Main entrance)
- Maplewood Apartments
- Morgan Hollow
- Shea Heights Community Centre
- St. George's Court Apartments
- St. Luke's Cottages/ Babb Manor
- The Bristol
- Thomas Estates
- Victoria Manor
- Wigmore Manor

**NOTE:** If the bus cannot fit into the parking lot it will park at the entrance of the lot.



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