



FALL 2024

CITY GUIDE



ST. JOHN'S

StJohns.ca

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City Guide

Information about the programs and services of the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

If you do not wish to receive unaddressed mail including the City Guide, put a note on or in your mailbox stating you do not wish to receive Canada Post Neighbourhood Mail™.

If you continue to receive unaddressed advertising after you have placed the note on your mailbox, submit a service ticket at canadapost.ca or call Canada Post Customer Service at 1-866-607-6301.

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Municipal Open House

Sunday, September 15 from 10 a.m. to 1 p.m.

Visit some of the City's municipal buildings and get the inside scoop on how your city operates. This is a free family friendly event.

Recycling Facility

340 East White Hills Road

Do you know what happens to your recycling after you place it at the curb? See for yourself!

Central Fire Station

5 Fort Townshend

Meet the brave firefighters of the fire department, who work tirelessly to keep our community safe, and be sure to get your photo with our fire trucks.

City Archives

15 Terra Nova Road

Delve into the rich history of our city at the archives building, where fascinating stories and archival photos await.

City Hall

10 New Gower Street

Tour City Hall, including the City's civic art collection and Council Chambers.

Animal Care and Adoption Centre

81 Higgins Line

Visit the Animal Care and Adoption Centre where our attentive staff care for and support our furry friends.

Visitor Information Centre

348 Water Street

Stop by and visit our knowledgeable and friendly staff for tips on exploring our vibrant city.

HOLIDAY LIGHTS
@ Bowring Park
Save the Date: Saturday, December 7

Ring in the holiday season with our annual celebration of bright lights and festive music at the Bowring Park Duck Pond. Beginning with the official lighting on **Saturday, December 7** and continuing until Tuesday, January 7.



Our Best Defence Against Litter. **Cover Your Garbage.**

Yard & Organic Waste

Mulching

There's no need to rake grass clippings or fallen leaves, just mulch them with your mower. The grass clippings and leaves provide nutrients to the soil and help retain moisture requiring less watering and fertilizer for a healthy lawn. Mow and go and spend your extra time doing the things you enjoy!

Yard Waste

From May to November each year, all yard waste placed at the curb for collection must be in paper yard waste bags. Yard waste bags are collected every second week, on the same day as your recycling.

Paper yard waste bags can also be dropped off at the Residential Drop Off at Robin Hood Bay, open Tuesday to Saturday from 8 a.m. to 4 p.m.

For more details

CurbitStJohns.ca/Recycle/Yard-Waste



Backyard Composting

When done properly, backyard composting does not smell or attract rodents.

Learn how to properly backyard compost from the experts at the Botanical Garden and qualify to purchase a reduced-cost MMSB bin from the City of St. John's.

The online course is available any time and upcoming in-person sessions take place at the following locations:

1 to 2 p.m. Saturday, September 7

Botanical Garden,
306 Mount Scio Road

1 to 2 p.m. Saturday, October 5

St. John's Farmers' Market,
245 Freshwater Road

6 to 7 p.m. Friday, November 1

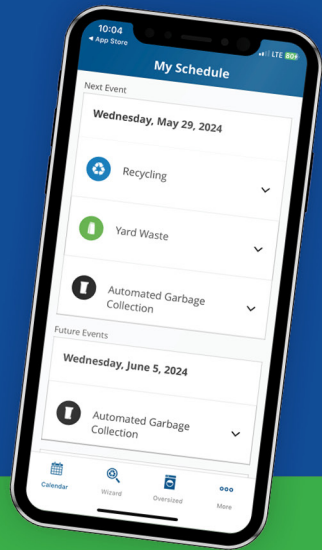
Bannerman Park Pool House,
Bannerman Road

1 to 2 p.m. Tuesday, November 5

GEO Centre,
175 Signal Hill Road

Learn more at

CurbitStJohns.ca/Recycle/Backyard-Composting



Download the Free Curbit St. Johns app
or visit CurbitStJohns.ca today

Get waste schedule reminders (offered in six languages!)
and search the Waste Wizard to learn how
to properly dispose your waste.



Separate Bag for Containers



Aluminum Trays

Pie plates, baking trays & more



Aluminum Cans

Pop cans, beer cans & more



Milk & Juice Cartons



Plastic Trays & Tubs

Butter & sour cream tubs, vegetable
& fruit trays & more



Clamshell Plastic Trays

Take-out foods, sandwich and berry
containers & more



Plastic Food Containers

Ketchup, mustard, yogurt & more



Plastic Toiletries Containers

Shampoo, liquid soap, mouthwash & more



Plastic Cleaning Product Containers

Bleach, liquid laundry detergent, all-purpose
cleaner & more



Steel (Tin) Cans

Soup cans, bean cans, tuna cans & more



Tetra Pak Containers

Juice boxes, soup containers & more



Plastic Drink Bottles

Water, pop, liquor & more



Separate Bag for Papers



Egg Cartons

Cardboard, not Styrofoam



Boxboard

Cereal, cracker, detergent boxes, frozen
food boxes & more



Take Out Drink Trays



Empty Paper Towel & Toilet Paper Rolls*

*Cardboard inner rolls only



Corrugated Cardboard

Must be in a tied-up blue bag or bundled
to no more than 2 ft x 2 ft x 1 ft



Newspaper, Flyers & Junk Mail



Magazines, Catalogues & Phone Books



Writing & Computer Paper

Lined, white, coloured



Envelopes

Paper and plastic window envelopes, but
not bubble or insulated envelopes



Books

Remove hardcovers

Do not put in blue bags: glass,
Styrofoam, plastic wrap/bags
or wrapping paper.

Paid Parking Options



In all areas where public parking is available, look for signs that indicate the parking restrictions in the area. Note that payment is not required for parking after 6 p.m. on weekdays or on weekends. You do not need a cell phone for parking, you can use a pay station.

StJohns.ca/PaidParking

Steps for using PayByPhone

- 1. Download the PayByPhone app**
Find the app on the Google Play or Apple App Store on your smart phone. Search "**PayByPhone**" and look for the app that uses the above icon. Once downloaded, open the app to start the registration process.
- 2. Create an account**
Find the person/gear icon. Click to begin to set up your account. You can enter multiple vehicles, payment info and more.
- 3. Enter the parking zone/location number**
The app will ask the zone number of where you are parked. Look for on-street signage that indicates zone number.
- 4. Enter your vehicle information**
You will add the license plate number and province as well as vehicle type and description.
- 5. Enter your parking duration**
Add the amount of time you wish to park.
- 6. Extend your parking anytime**
Add more time from wherever you are.

If you do not have a smartphone, you can call **1-866-234-7275** to make a payment.

There are also various private parking lots in the downtown, please look for signage in these areas as the restrictions differ from the City's.

Steps for using a Pay Station

You can visit a pay station to make your payment using a credit card, debit card (tap only), or mobile pay.

1. After you park, identify the zone you are in (on the nearby signage), go to the nearest pay station and press any button on the station to begin.
2. Select a payment method using the yellow buttons on the machine. Either tap (debit, credit or mobile pay) or insert your credit card.
3. Confirm your parking zone number. Stations will display the zone you are currently in.
4. Enter your license plate number. This is on the same screen as the zone confirmation.
5. Choose the amount of time you wish to pay for parking and confirm using the green button.
6. Make the payment either by tapping or inserting and removing your credit card.
7. The station will ask you if you would like a receipt when the transaction is processed to keep for your own records; you do not need to return to your vehicle with the receipt.

Inclusive Services

We can help provide support to participate in City of St. John's recreation programs. Contact us to learn more.

Therapeutic Recreation Referrals

Therapeutic Recreation promotes safe and supportive recreation and leisure opportunities for participants with physical, mental, social or emotional barriers. Participants may be referred by a professional or self-referral.

Attendant Pass

Persons with disabilities who require the support of an attendant to accompany them to events may apply for an attendant pass. Please contact 709-576-4556 for more information.

Adaptive Equipment Loan Program

We have equipment that can assist people with disabilities to participate in recreation and leisure activities. Contact us to borrow adaptive equipment free of charge.

Financial Support

Financial support is available for individuals facing financial barriers to participate in City of St. John's recreation programs. Requests for children and youth are referred to the REAL Program.

Contact us

For more information about any of these programs or services:
709-576-6972
Inclusion@StJohns.ca

Give the Gift of Play

Donate to the REAL Program and support a child in need.

Visit StJohns.ca/REAL

Pursuing Active Lifestyles

September 17 to December 3

For individuals with mild to moderate developmental disabilities to learn about the basic skills needed for active living. 18+
\$84

Paul Reynolds Community Centre
Tuesdays, 6:30 to 8 p.m.
Event code: 35495

TIME™ Together in Movement and Exercise

September 24 to November 28

A community-based exercise program for people with balance and mobility limitations who can walk 10 metres with or without an aide. Registration is by referral from a physician, physiotherapist, registered nurse, nurse practitioner or certified therapeutic recreation specialist. 18+
\$200

Paul Reynolds Community Centre
Tuesdays and Thursdays, 11:15 a.m. to 12:15 p.m.
Event code: 35496

Fit Finders

Offered winter, spring and fall to groups facing barriers to participate in recreation programs. Groups can experience activities in a safe, supportive environment with experienced recreation staff. Learn more at StJohns.ca/InclusiveServices

REAL
PROGRAM





Recreation Registration

For the most current programs and services visit StJohns.ca/REconnect

Program Registration	St. John's Residents	Residents of Other Municipalities
Fall Programs	7 a.m., Thursday, August 1	7 a.m. Tuesday, August 6
Fall Swimming Lessons	7 a.m., Tuesday, August 27	7 a.m. Thursday, August 29

Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Registration Options:

Online: StJohns.ca/REconnect



In-person: H.G.R. Mews Community Centre, 40 Mundy Pond Road or Paul Reynolds Community Centre, 35 Carrick Drive

By phone: 709-576-8499 or 709-576-8631. Telephone registration is available after 10 a.m. on registration day.

You must ensure your account is activated and up-to-date at least 72 hours before the registration time.



Outdoor Programs

For more details or to register for these programs visit StJohns.ca/REconnect

	Code	Age	Day	Date	Time	Location	Cost
Family Canoeing	35887	5+	Sa	Sep 14	10am-noon	Rotary	\$36 per family
Family Wilderness Survival	35888	5+	Su	Sep 22	1-4pm	Rotary	\$54 per family
Family Archery	35885	5+	Th	Nov 7-21	6:30-8pm	Kenmount	\$81 per family
Family Fire Building	35889	5+	Su	Nov 3	1-3pm	Rotary	\$36 per family

We offer group bookings for corporations, organizations, school groups and community groups. For details visit StJohns.ca/OutdoorPrograms.

Swimming



Swimming Lessons

For more details visit: StJohns.ca/Swimming

Swimming lessons are offered year-round and follow the Lifesaving Society Swim for Life program and are available to swimmers of all abilities from the ages of four months to adult. Lessons are offered once per week and include the following programs:

- Parent and Tot 1, 2 and 3
- Preschool, Swimmer and Teen
- Adult lessons
- Private Swimming Lessons
- Swim for Life Adapted*

*A parent or aide may be required to support the swimmer in the water; a swimmer intake form is required two weeks prior. Contact Inclusion@StJohns.ca.

To register or view current offerings visit StJohns.ca/RECconnect.

Aquatic Leadership



Climb the ladder to become a lifeguard!

Start your lifeguard training now with the following Lifesaving Society training programs. All prerequisite certifications must be submitted on the first day of the course.

Visit StJohns.ca/LifeguardTraining



Indoor Pools

H.G.R. Mews Community Centre,
40 Mundy Pond Road

Paul Reynolds Community Centre,
35 Carrick Drive

Visit StJohns.ca/Swimming for swim descriptions, accessibility features and pool schedules. Schedules are also available by phone at 709-576-8155 (PRCC) and 709-576-8408 (Mews) or by email at Recreation@StJohns.ca.



Fitness

We have a variety of fitness classes available for all ages and abilities.

Drop-in programs: Aquatic fitness, adults in motion, core balance and body conditioning.

Programs that require registration: Yoga (beginner, intermediate, mixed, yin, relaxation) Body Conditioning (Southlands only), and Ever Active.



Family Fun

National Family Week, October 2 to 8

National Child Day, November 20

Move It, November 17, 2 to 4 p.m.

More details to come closer to the events visit

StJohns.ca/EventsCalendar

Children & Youth

Preschool - for children beginning Kindergarten in Sept. 2025. Requires registration.

	Code	Age	Days	Dates	Time	Location	Cost
Preschool	35622	4-5	M W F	Sep 16-Dec 6	9am-noon	PRCC	\$510
Preschool	35623	4-5	Tu Th	Sep 17-Dec 5	9am-noon	PRCC	\$360
Preschool	35624	4-5	Tu Th	Sep 17-Dec 5	9am-noon	Southlands	\$360

After School Program

3 to 5:30 p.m. on school days

Openings at Kilbride, Shea Heights and Paul Reynolds Community Centres. Search 'after school' at

StJohns.ca/RECconnect.



Volunteer Junior Leader Program October to December 2024

Volunteer Junior Leader provides high school aged youth with educational workplace experience mentored by a recreation practitioner. Designed to challenge youth while developing self-respect and a sense of camaraderie through team building in a fun-filled atmosphere.

For more information or to complete the online application visit StJohns.ca/Volunteer, email Volunteer@StJohns.ca or call 709-576-8630.



Parties and Rentals

Most City recreation facilities are available for rent for birthday parties, baby or bridal showers, family gatherings, community and corporate events or sports activities.

Swimming Parties

Cost \$200

To book a swimming party call 709-576-8499 or 709-576-8631.

Please review pool rules at StJohns.ca/PoolRules

For information visit: StJohns.ca/Rentals

Family & Friends						
Course	Age	Day	Dates	Time	Location	Cost
Family Open Gym Drop-In	All ages	Sa	Sep 21-Dec 14	7-9pm	Kenmount	\$2 drop-in fee
Family Fun Day	All Ages	Su	Oct 6	2-4pm	Rotary Sunshine Park	Free
Fall Family Fun Day	All Ages	Sa	Oct 26	2-3:30pm	Kilbride	Free
Family Paint Night	10+	M	Nov 18	6-7:30pm	Kilbride	\$19.50
Kilbride Holly Jolly Party	All Ages	Sa	Dec 7	2-3:30pm	Kilbride	Free

Playgroups, up to age 5						
	Day	Dates	Time	Location	Cost	
Drop-in Play	M	Sep 9-Dec 16	9:30-11:30am	Kilbride	Free	For more information visit www.kffrc.com
	Tu Th	Sep 5-Dec 19				
Playgroup	Tu Th	Sep 10-Dec 12	10-11:30am	Kenmount	\$2, under 6 months free	
Playgroup	Sa	Sep 14-Dec 14	10-11:30am	Kenmount	\$2, under 6 months free	
	M W	Sep 9-Dec 11	10-11:30am	Southlands		

Sport – requires registration							
	Code	Age	Days	Dates	Time	Location	Cost
Tri-Sport	36527	6-8	Su	Nov 3-Dec 8	3:30-5pm	Kenmount	\$49.50
	36528	9-12			5-6:30pm		

Leadership – requires registration							
	Code	Age	Days	Dates	Time	Location	Cost
Babysitting	36546	11-15	Sa	Nov 23	9am-4:30pm	Kenmount	\$55
Home Alone Safety Course	36544	10-12	Sa	Nov 16	9am-4pm	Kilbride	\$55
	36540			Sep 28		Southlands	
	36545			Oct 19		Kenmount	

FREE Youth Drop Ins						
Course	Ages	Day	Start Date	Time	Location	
Lunch-In	11-16	M to F	Sep 9	noon-1pm	PRCC	
Drop-In	12-16	M	Sep 9	6-7:30pm	Kenmount	
Drop-In – Sports	10-16	Tu	Sep 10	6-8pm	Shea Heights	
Drop-In	10-14	W	Sep 11	6-8pm	Shea Heights	
Drop-In	10-16	W	Sep 11	6-8pm	Southlands	
Drop-In Outdoor Ball Hockey	12-16	Th	Sep 12-Oct 17	4-5:30pm	Kilbride	

* Must bring own hockey helmet and hockey gloves. Hockey sticks are available on site.



Adult Programs

Registration required unless otherwise noted. Programs can be cancelled one week prior to start of program at the discretion of the City.

Walk & Wheel - Finding it difficult to walk outside? Join us indoors. Bring indoor footwear and a filled water bottle.

	Code	Day	Date	Time	Location	Cost
Walk & Wheel	35632	M W	Sep 9 - Dec 11	11:45am - 12:45pm	Kenmount	Free
Walk & Wheel	35634	M W	Sep 9 - Dec 11	noon-1pm	Southlands	Free

Art

	Code	Day	Date	Time	Location	Cost
Oil Paint - Red Wagon	35594	Th	Sep 12-26	6-8pm	PRCC	\$47.50
Acrylic Paint- Whale Tail	35596	F	Sep 20	6-8pm	Mews	\$19.50
Acrylic Paint- Halloween Gnomes	35597	F	Oct 4	6-8pm	PRCC	\$19.50
Drawing - Facial Features	35598	F	Oct 25	6-8pm	PRCC	\$18
Acrylic Paint – Winter Scene	36533	Su	Nov 17	6-8pm	Shea Heights	\$19.50
Acrylic Paint Night	36541	M	Nov 18	7:30-9:30pm	Kilbride	\$19.50
Come Craft with Us	36532	W	Nov 13-Dec 4	6-8pm	Southlands	\$60

Leisure & Learning * Pending Instructor Availability

	Code	Day	Date	Time	Location	Cost
Chess*	36535	Tu	Sep 10-Nov 26	6-7:30pm	Mews	\$99
Bridge Level 1	35591	Tu	Sep 10-Nov 26	10am-12:30pm	Kenmount	\$165
Bridge Level 2	35592	W	Sep 11-Nov 27	10am-12:30pm	PRCC	\$165
Bridge Level 3	35593	M	Sep 9- Dec 2	10am-12:30pm	Kenmount	\$151.25
Connecting Communities	36543	Tu	Sep 17-Dec 10	noon-1pm	Southlands	Free
Connecting Communities	35642	Th	Sep 19-Dec 12	11am-noon	Shea Heights	Free
*Life Long Learners: Introduction to Philosophy Continued	35575	Tu	Oct 8- Nov 12	10am-noon	PRCC	\$66

Handicraft

	Code	Day	Date	Time	Location	Cost
Knitting Circle	35599	M	Sep 9-Dec 9	10:30am-noon	Mews	\$22
Knitting	36531	M	Oct 7-Dec 9	6-8pm	Southlands	\$60
Rug Hooking - Design and Hook Your Own Pattern	35611	M	Oct 21-Nov 25	9am-noon	Mews	\$179.95; \$225.75 if hook & frame needed

Fitness					
	Day	Date	Time	Location	Cost
Open Gym drop-in	M	Sep 9-Dec 9	7:30-9:30pm	Kenmount	\$2 drop-in fee
Open Gym drop-in	W	Sep 11-Dec 11	8-10pm	Southlands	\$2 drop-in fee

Music * Pending instructor availability.

	Code	Day	Date	Time	Location	Cost
*Accordion Beginner	35600	W	Sep 11-Nov 27	11am-noon	Mews	\$66
*Accordion Intermediate	35601	W	Sep 11-Nov 27	12:30 -1:30pm	Mews	\$66
*Fiddle Beginner	36149	Tu	Sep 10-Nov 26	7-8pm	PRCC	\$66
*Fiddle Beginner	36148	Th	Sep 12-Nov 28	11am-noon	Mews	\$66
Guitar Beginner	35602	Th	Sep 12-Nov 28	5:30-7pm	Mews	\$99
Guitar Intermediate	35603	M	Sep 9-Dec 2	7:30-9pm	Mews	\$90.75
Guitar Advanced	35604	Th	Sep 12-Nov 28	7:30-9pm	Mews	\$99
Ukulele Beginner	35605	M	Sep 9-Dec 2	6-7pm	Mews	\$60.50
Keyboarding Beginner	35606	Tu	Sep 10-Nov 26	9:30-10:45am	Mews	\$82.50
Keyboarding Beginner	35607	Th	Sep 12-Dec 5	9:45-11am	PRCC	\$82.50
Keyboarding Intermediate	35608	Tu	Sep 10-Nov 26	11:15am-12:30pm	Mews	\$82.50
Keyboarding Intermediate	35610	Tu	Sep 10-Nov 26	1-2:15pm	Mews	\$82.50
Keyboarding Intermediate	35609	Th	Sep 12-Dec 5	11:30am-12:45pm	PRCC	\$82.50

Dance

	Code	Day	Date	Time	Location	Cost
A Time to Dance	35576	M	Sep 9-Dec 2	1-2pm	PRCC	\$55.50
A Time to Dance	35577	Tu	Sep 10-Nov 26	6:30-7:30pm	PRCC	\$66
Beginner Line Dance	35578	Tu	Sep 10-Nov 26	11am-noon	Mews	\$66
Beginner Line Dance	35579	Tu	Sep 10-Nov 26	12:30-1:30pm	Mews	\$66
Beginner/Intermediate Line Dance	35582	W	Sep 11-Nov 27	12:30-1:30pm	Mews	\$66
Intermediate/Advanced Line Dance	35581	W	Sep 11-Nov 27	2-3pm	Mews	\$66
Intermediate/Advanced Line Dance	35583	Th	Sep 12-Nov 28	11am-noon	Mews	\$66
Intermediate Line Dance	35580	Th	Sep 12-Nov 28	12:30-1:30pm	Mews	\$66
Beginner Ballroom Dance	35584	Su	Sep 8-Nov 24	6:30-7:30pm	Mews	\$66 per person Partner required, each person must register separately.
Beginner Ballroom Dance	35585	W	Sep 11-Nov 27	6:30-7:30pm	PRCC	
Intermediate Ballroom Dance	35586	Su	Sep 8- Nov 24	8-9pm	Mews	
Intermediate Ballroom Dance	35587	W	Sep 11-Nov 27	8-9pm	PRCC	
Newfoundland Tradition Dance	35588	W	Sep 11-Nov 27	7:30-9pm	Mews	\$8.25 (drop-in)



Older Adults (50+)

These programs are for ages 50+ and require registration.

See page 8 for registration details. There are also many other adult programs that may interest you, see page 12-13.

Active for Life September 9 to December 4

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

Mondays and Wednesdays
\$132

Kenmount Terrace
Community Centre
1 to 2 p.m.
Event code: 35566

Social Time

Socialize with friends while enjoying leisure activities, music, games and light refreshments.

Paul Reynolds
Community Centre
Mondays
September 9 to December 2
10:30 a.m. to 12:30 p.m.
\$24
Code: 35589

H.G.R. Mews
Community Centre
Fridays
September 13 to December 6
10:30 a.m. to 12:30 p.m.
\$26
Code: 35590

Contact Us

Call 709-576-8490, 709-576-5701
or 709-576-8411
Email Recreation@StJohns.ca
or AdultAndSeniors@StJohns.ca



Seniors Day 2024 October 3

Join us October 3 as we celebrate seniors with entertainment, light refreshments and exhibitors with information on all things seniors related. Registration is required if you require City busing, information is provided below. Metrobus, GoBus and the Community Bus will be free for seniors 65 and over.

FREE

**Paul Reynolds
Community Centre**
noon to 3:30pm
Code: 35564





Events and Outings

Registration is required for all events and outings.

Meal, refreshments and transportation are included. All outings are scent free. Individuals who wear scented products may be refused admission at the discretion of City staff.

Social and Bingo September 19

Enjoy time with friends with lunch and a game of Bingo!
Prizes included.
\$19

Kenmount Terrace
Community Centre
10 a.m. to 1 p.m.
Event code: 25567

Newfoundland Night September 26

Join us for a Newfoundland-themed night filled with lively entertainment and a delicious meal.
\$23

City Hall
6:30 to 10:30 p.m.
Event code: 35569

Halloween Dinner & Dance October 24

Get ready for a spooktacular evening at our Halloween dinner and dance. Dress in your best costume.
\$23

City Hall
6:30 to 10:30 p.m.
Event code: 35570

Country Western Dinner & Dance November 14

Grab your cowboy hat and boots and join us for a fun night with friends.
\$23

City Hall
6:30 to 10:30 p.m.
Event code: 35568

Christmas Sweater Social & Bingo November 28

Wear your best holiday sweater and join us for a social, lunch and games of bingo. Prizes included. \$19

Kenmount Terrace
Community Centre
10 a.m. to 1 p.m.
Event code: 35571

Christmas Kitchen Party December 3

Come dance and celebrate the holiday season with a meal and lively tunes of traditional Newfoundland music.
\$19

Paul Reynolds
Community Centre
12:30 to 4 p.m.
Event code: 35573

Christmas Dinner & Dance December 12

Celebrate the season with great company at our Christmas dinner and dance featuring entertainment.
\$23

City Hall
6:30 to 10:30 p.m.
Event code: 35572

Christmas Dinner & Dance December 17

Celebrate the season with great company at our Christmas dinner and dance featuring entertainment.
\$23

City Hall
6:30 to 10:30 p.m.
Event code: 35573

Transportation

Transportation for special events is included in the event price. Please call 709-576-8594 the evening before the event to determine the bus schedule. Pick-ups occur from the H.G.R. Mews Community Centre and the following adult and seniors apartment complexes:

- Bishop Meaden Manor
- Building #10 Pasadena Cres
- Building #35 Tiffany Lane
- Churchill Square
- Kelly's Brook Apartments (Main entrance)
- Maplewood Apartments
- Morgan Hollow
- Mt. Pleasant Manor
- Shea Heights Community Centre
- St. George's Court Apartments
- St. Luke's Cottages/ Babb Manor
- The Bristol
- Thomas Estates
- Victoria Manor
- Wigmore Manor

NOTE: If the bus cannot fit into the parking lot it will park at the entrance of the lot.

PUMPKIN WALK



The Loop, Bannerman Park
Friday, November 1
5:30 to 8:30 p.m.

Inclement weather date:
November 2

Quiet viewing
5:30 to 6:30 p.m.

**(no loud music or
surprise performances)**

Display your Jack O' Lantern in Bannerman Park at our annual Pumpkin Walk with a live DJ and pop-up performances. A light source will be provided for your pumpkin. Bring along a reusable mug for hot chocolate.

It is not necessary to bring a pumpkin, everyone is welcome to attend.



Pumpkins are
90% water and
easy to compost!

Any pumpkins brought to Pumpkin Walk will be composted after the event. You can compost your own pumpkins by removing lights and decorations and placing them in your backyard compost bin.

Join our FREE backyard compost session
Bannerman Park Pool House
6-7 p.m., during Pumpkin Walk